

October 2017

Ref: 2017/209



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Dear Parent/Carer

I am pleased to inform you that your son/daughter has secured a place on the residential to Mount Cook Activity Centre in Matlock leaving on Tuesday 10 October 2017 and returning on Wednesday 11 October 2017.

Students must arrive at College at the usual time as the day will begin at 8.30am with a series of three workshops designed to focus the students on revision through a growth mind-set. We will be leaving the College at 11.30am and arriving at the Centre at 12.30am. Students need to take a packed lunch on the first day. If your son/daughter has free school meals, a packed lunch will be provided for them. The three meals that they receive after this have been included in the price.

The students will return from the Centre on Wednesday 11 October 2017, leaving at 1.00pm and arriving at the College at 2.00pm. They will be met by a member of the Executive Team and dismissed soon after. If you wish your child to stay in College until 3.15, please indicate this on the form below.

Learning outside the classroom offers new and exciting challenges and students will learn to work together as a team, develop independence, confidence and an ability to recognise strengths and weaknesses in a constructive way. The value of giving young people the opportunity to try out new activities cannot be underestimated.

At Mount Cook Activity Centre fully trained and qualified instructors, with the support of school staff, provide instruction in a full programme of activities in a safe, controlled and secure environment. The activities available include: High Ropes, Climbing Wall, Archery, Fencing and a Night Walk. However, these will be interspersed with revision activities preparing students for their GCSE examinations. The purpose of the trip is to encourage the students to become more self-aware, developing a growth mind-set and exploring ways in which they can target improvement in their studies. Your son/daughter will return having completed a revision timetable, next step targets and have a clearer understanding of the barriers they experience to learning and how to break them down. Please discuss this with your child once they return. The resources we use will also be available on the school's website once the residential is complete.

We will be holding a Parents' Evening to discuss the visit on Wednesday 4 October 2017 at 5.00pm. This will give you the opportunity to find out more details and to have any queries answered. Please return the attached slip to confirm your attendance.

For further information about the trip, the activities, the centre etc. please check the website: - [www.jca-adventure.co.uk](http://www.jca-adventure.co.uk) and you will be able to see for yourself how worthwhile and enjoyable these visits are!

Yours sincerely

A handwritten signature in black ink, appearing to read 'C Noble'.

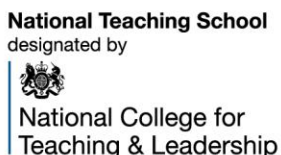
Miss C Noble  
Head of Year 11

Landau Forte Charitable Trust  
A company limited by guarantee

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Registered Office:  
Landau Forte College  
Fox Street  
Derby  
DE1 2LF

An exempt charity



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## Mount Cook Activity Centre Residential

....Let The Adventure Begin!

### Kit list

- Small bag/rucksack to carry clothing and toiletries
- Comfortable clothes that can be worn to climb
- Spare socks
- Sweatshirt/fleece
- Waterproof jacket
- Trousers that can get muddy
- Long sleeved top for archery
- Towel
- Trainers
- Night wear
- Toiletries (Showers in ensuite)
- Water bottle
- Torch (optional)
- Packed lunch for first day



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## Mount Cook Activity Centre Residential (CN)

I/we would like to attend the parents' meeting for the Year 11 Residential to Mount Cook Activity Centre in Matlock on Wednesday 4 October 2017 at 5.00pm

Name (s) \_\_\_\_\_

Son/Daughter's name \_\_\_\_\_ PT \_\_\_\_\_

I give/ I do not give permission for my son/daughter to leave College at 2.00pm on Wednesday 11 October 2017

Signed \_\_\_\_\_