

TERM ONE MENU

WEEK EIGHT

Today's Special

£2.40

	Monday 14 th October	Tuesday 15 th October	Wednesday 16 th October	Thursday 17 th October	Friday 18 th October
Main Dish	Jerk Chicken	Chicken Fillet And Stuffing	Red Thai Chicken	Chicken Zinger Burger	Breaded Fish Cake
Vegetarian Option	Jerk Quorn	Quorn Fillet	Vegetable Thai Curry	Vegetable Burger	Quorn Nuggets
Carbohydrates	Rice And Peas Potato Wedges	New Potatoes Mashed Potatoes Roast Potatoes	Rice Noodles Prawn Crackers	Sauté Potatoes New Potatoes Lyonnais Potatoes	Sweet Potatoes New Potatoes Diced Herb Potatoes
Vegetables	Grilled Vegetable Spinach	Sliced Cabbage Green Beans Sliced Carrots	Spring Roll Tempura Vegetable Garden Peas	Beans Onion Rings Spaghetti Hoops	Baked Beans Mushy Peas Garden Peas
Jacket Potato Fillings	Cheese Beans	Cheese Beans	Cheese Beans	Cheese Beans	Cheese Beans