

Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 10 Core

Curriculum organisation

Students are taught in mixed ability groups for the equivalent of one double lesson per week. Year 10 students follow a pathway suited to their strengths, students' will follow one of 5 pathways: rugby (boys), non-rugby, aesthetic, girls team and alternative, not all groups are determined by gender from this point. All students will have the opportunity to develop their knowledge of the benefits of exercise and understand how to avoid a sedentary lifestyle and subsequently hypokinetic disease.

Curriculum Intent: the curriculum aims to harness the specific interests' and strengths' of each student by offering personalised pathways (e.g. team sports and aesthetic activities). As a result, the curriculum ensures the inclusion of all students and promotes the spiritual, moral, cultural and physical development of each individual. Opportunity is provided throughout the curriculum for students to take part in competitive sport. Enabling students to develop resilience and co-operative skills. Further prospect to develop these skills alongside the ability to build trust in others and solve problems is provided through outdoor and adventurous activities.

What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning*

Term 1:	Term 2:	Term 3:	Term 4:	Term 5:
<p>Boys Rugby: Rock Climbing and Hockey.</p> <p>*Links: Prior learning Yr9: Outdoor, adventurous activities, basic rock climbing skills. Development of advanced skills and applying strategies as a team.</p> <p>National Curriculum: Outdoor, adventurous activities, advanced rock climbing skills. Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Boys Rugby: Football</p> <p>*Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p> <p>National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Boys Rugby: Handball</p> <p>*Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p> <p>National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Boys Rugby: Rugby and Basketball</p> <p>*Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p> <p>National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Boys Rugby: Athletics</p> <p>*Links: Prior learning Yr9: Development of advanced skills and techniques.</p> <p>National Curriculum: Comparison of advanced skills and techniques to previous performance and perfect model to improve performance.</p>
<p>Non Rugby: Rock Climbing and Handball</p> <p>*Links: Prior learning Yr9: Outdoor, adventurous activities, basic rock climbing skills. Development of advanced skills and applying strategies as a team.</p> <p>National Curriculum: Outdoor, adventurous activities, advanced rock climbing skills. Improve</p>	<p>Non Rugby: Football</p> <p>*Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p> <p>National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and</p>	<p>Non Rugby: Trampolineing</p> <p>*Links: Prior learning Yr9: develop specific skills and techniques and analytical skills.</p> <p>National Curriculum: Develop control of trampolineing techniques to improve performance. Begin to compare skills to perfect model/previous performance to achieve personal best.</p>	<p>Non Rugby: Badminton and World Sports</p> <p>*Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. Transfer of skills to a new activity area.</p> <p>National Curriculum: Improve and transfer advanced skills and</p>	<p>Non Rugby: Athletics</p> <p>*Links: Prior learning Yr9: Development of advanced skills and techniques.</p> <p>National Curriculum: Comparison of advanced skills and techniques to previous performance and perfect model to improve performance.</p>

<p>advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>strategies and evaluate performance to improve.</p>		<p>techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	
<p>Girls Team: Hockey and Handball *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Girls Team: Rock Climbing and Trampolining. *Links: Prior learning Yr9: Outdoor, adventurous activities, basic rock climbing skills. Develop advanced skills and techniques, compare with previous performance to evaluate and improve. National Curriculum: Outdoor, adventurous activities, advanced rock climbing skills. Evaluate performance to improve advanced skills and techniques. Improve advanced skills and techniques.</p>	<p>Girls Team: Dance *Links: Prior learning Yr9: Range of dance styles- improving performance skills by comparing performance with previous performance to evaluate and improve. National Curriculum: Range of dance styles- improving performance skills by comparing compare with previous performance to evaluate and improve- New style of dance.</p>	<p>Girls Team: Netball and World Sports *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. Transfer of skills to a new activity area. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Girls Team: Athletics *Links: Prior learning Yr9: Development of advanced skills and techniques. National Curriculum: Comparison of advanced skills and techniques to previous performance and perfect model to improve performance.</p>
<p>Aesthetic: Handball and Trampolining. *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. Compare with previous performance to evaluate and improve. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. Evaluate performance to improve advanced skills and techniques.</p>	<p>Aesthetic: Orienteering and Rock Climbing *Links: Prior learning Yr9: Outdoor, adventurous activities, basic rock climbing skills. Solving problems as a team and individually. National Curriculum: Outdoor, adventurous activities, advanced rock climbing skills. Solve problems in teams in a given time frame.</p>	<p>Aesthetic: Cheerleading *Links: Prior learning KS3: Transfer and develop technique and performance in other competitive sports. Use of skills from gymnastics and dance. National Curriculum: Improve technique and performance in a competitive sport. Evaluate performance to improve.</p>	<p>Aesthetic: Netball and dance. *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. Range of dance styles- improving performance skills by comparing compare with previous performance to evaluate and improve- New style of dance. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies. New style of dance- improving performance skills by comparing compare with previous performance to evaluate and improve.</p>	<p>Aesthetic: Rounders *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>
<p>Alternative: Badminton and Volleyball *Links: Prior learning Yr9: Develop technique in other competitive sports and develop use of tactics.</p>	<p>Alternative: Goalball and Orienteering. *Links: Prior learning Yr9: Transfer of skills to a new activity area. Outdoor, adventurous activities,</p>	<p>Alternative: Rock Climbing *Links: Prior learning Yr9: Outdoor, adventurous activities, basic rock climbing skills.</p>	<p>Alternative: World Sports and Handball *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and</p>	<p>Alternative: Athletics *Links: Prior learning Yr9: Development of advanced skills and techniques. National Curriculum: Comparison of advanced skills and techniques to</p>

<p>National Curriculum: Evaluate performance to improve skills, techniques and tactics.</p>	<p>solving problems as a team and individually. National Curriculum: Develop technique in other competitive sports. Outdoor, adventurous activities, solve problems in teams in a given time frame.</p>	<p>National Curriculum: Outdoor, adventurous activities, advanced rock climbing skills.</p>	<p>strategies. Transfer of skills to a new activity area. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>previous performance and perfect model to improve performance.</p>
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Equipment needed for sessions:	What can you do to support your child?
<p>PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket.</p>	<ul style="list-style-type: none"> • Encourage your child to take part in extension activities offered at college. • Encourage your child to join sports clubs in your community. • Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work.
How will learning be assessed and progress measured?	Extension and enrichment activities:
<ul style="list-style-type: none"> • Baseline assessment in Physical Education • Assessment based on progress in each activity • End of year summative assessment 	<ul style="list-style-type: none"> • Netball every Wednesday all year. • Football terms 1 and 4. • All other sports offered on the extension timetable may vary depending on day and time of year. • Visits to watch elite sport.