

Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 11 Vocational Course (Eduqas)

Curriculum organisation			
Students are taught in mixed ability groups for the equivalent of six hours across a two week timetable. Students follow the Eduqas vocational specification.			
Curriculum Intent: Our curriculum is designed to build on and embed physical development. It sets out to develop a range of skills, techniques, strategies and tactics to enable students to become more competent, confident and expert in Physical Education.			
What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning*			
Term 1:	Term 2:	Term 3:	Term 4:
Unit 1 LO1: Factors Affecting Sports Performance *Links: Prior learning Unit 1: Knowledge of components of fitness. National Curriculum/Exam Specification: Components of health, fitness and lifestyle choices.	Unit 1 LO2: Measuring Sports performance. *Links: Prior learning Unit 1: Knowledge of fitness testing. National Curriculum/Exam Specification: health, fitness and lifestyle choice testing, psychological and technical analysis of performance.	Unit 1 LO3: Improving Sports Performance. *Links: Prior learning Unit 1: Knowledge of training methods. National Curriculum/Exam Specification: training programme planning, nutritional planning and recovery methods, mental preparation and goal setting, feedback, practice types and movement analysis.	Unit 1 LO4: Reviewing Sports Performance *Links: Prior learning: new concepts introduced. National Curriculum: Analysis of performance data and planning for improvements in performance.
Equipment needed for sessions:		What can you do to support your child?	
Exercise book, all expected equipment (see equipment list in planner). PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket.		<ul style="list-style-type: none"> • Check Show My Homework and support your child to organise their time effectively to complete homework to a high standard. • Encourage your child to take part in extension activities offered at college. • Encourage your child to join sports clubs in your community. 	
How will learning be assessed and progress measured?		Extension and enrichment activities:	
<ul style="list-style-type: none"> • Marking of books to check understanding of each topic (formative assessment). • Assessment based on progress in each activity • Trial Exams, end of unit tests and regular exam question practice. • Regular peer and self-assessment. 		<ul style="list-style-type: none"> • Netball every Wednesday all year. • Football terms 1 and 4. • All other sports offered on the extension timetable may vary depending on day and time of year. • Intervention at year 11 to support students in reaching their potential. 	