## Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 7

## **Curriculum organisation**

Students are taught in mixed ability groups for the equivalent of one double lesson per week. Throughout the year each boys group and each girls group will be taught the same topic areas (activities) but in different orders due to spacing and facilities. Below outlines these areas, but may not be the order that every students will experience these. All students will have the opportunity to develop their knowledge of exercise safety and will have the opportunity to take responsibility for their own preparation for physical activity.

At key stage 3 students develop their OAA skills through a residential visit to Lea Green in year 7. Here they rock climb, orienteer, stream walk, complete ropes courses and bush craft amongst other problem solving activities, most of these activities are done in teams however students to have opportunities to work independently to build their resilience.

**Curriculum Intent:** offer a range of activities to provide equity for all students, with the aim of engaging interest in exercise and sport. Opportunity is provided throughout the curriculum for students to take part in competitive sport, enabling students to develop resilience and co-operative skills.

Term 1:	Term 2:	Term 3:	Term 4:	Term 5:
Boys: Netball and Basketball. *Links: Prior learning KS2: transfer of basic skills; throwing, catching, movement. National Curriculum: Develop specific netball/basketball techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.	Boys: Badminton and Hockey *Links: Prior learning KS2: transfer of basic skills; racquet/stick skills, hand eye co-ordination. National Curriculum: Develop specific badminton/hockey techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.	Boys: Football *Links: Prior learning KS2: transfer of basic skills; kicking, control, movement. National Curriculum: Develop specific football techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.	Boys: Rugby and Handball *Links: Prior learning KS2: transfer of basic skills; throwing, catching, movement.  National Curriculum: Develop specific rugby/handball techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.	Boys: Athletics *Links: Prior learning KS2: transfer of basic techniques: throwing, jumping, running.  National Curriculum: Develop specific athletics techniques (shot, sprint start). Introduce analytical skills to compare and improve performance.
Girls: Handball and Tag Rugby *Links: Prior learning KS2: transfer of basic skills; throwing, catching, movement. National Curriculum: Develop specific rugby/handball techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.	Girls: Dance (Irish) and Hockey *Links: Prior learning KS2: transfer of basic dance techniques and skills; stick skills, hand eye co- ordination. National Curriculum: Develop advanced dance techniques. Develop specific hockey techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.	Girls: Gymnastics and Trampolining. *Links: Prior learning KS2: transfer of basic techniques: rolls, shapes, balance. National Curriculum: Develop specific gymnastic and trampolining techniques to improve performance. Introduce analytical skills to compare and improve performance.	Girls: Netball and Rounders *Links: Prior learning KS2: transfer of basic skills; throwing, catching, batting and movement. National Curriculum: Develop specific netball/rounders techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.	Girls: Athletics *Links: Prior learning KS2: transfer of basic techniques: throwing, jumping, running. National Curriculum: Develop specific athletics techniques (shot, sprint start). Introduce analytical skills to compare and improve performance.

Equipment needed for sessions:	What can you do to support your child?		
PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket.	<ul> <li>Encourage your child to take part in extension activities offered at college.</li> <li>Encourage your child to join sports clubs in your community.</li> <li>Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work.</li> </ul>		
How will learning be assessed and progress measured?	Extension and enrichment activities:		
Baseline assessment in Physical Education	Netball every Wednesday all year.		
Assessment based on progress in each activity	Football terms 1 and 4.		
End of year summative assessment	All other sports offered on the extension timetable may vary depending on day and time		
	of year.		
	Visits to watch elite sport.		