

Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 8

Curriculum organisation

Students are taught in mixed ability groups for the equivalent of one double lesson per week. Throughout the year each boys groups and each girls groups will be taught the same topic areas (activities) but in different orders due to spacing and facilities. Below outlines these areas, but may not be the order that every students will experience these. All students will have the opportunity to develop their knowledge of the benefits of exercise and understand how to avoid a sedentary lifestyle and subsequently hypokinetic disease.

At key stage 3 students develop their OAA skills through a residential visit to Lea Green in year 7. Here they rock climb, orienteer, stream walk, complete ropes courses and bush craft amongst other problem solving activities, most of these activities are done in teams however students to have opportunities to work independently to build their resilience.

Curriculum Intent: offer a range of activities to provide equity for all students, with the aim of engaging interest in exercise and sport. Opportunity is provided throughout the curriculum for students to take part in competitive sport, enabling students to develop resilience and co-operative skills. Continuity and progression of sports (e.g. Football and Netball) allows students to become effective in the use of analytical skills to understand and demonstrate the improvements made through each key stage.

What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning*

Term 1:	Term 2:	Term 3:	Term 4:	Term 5:
<p>Boys: Netball and Basketball. *Links: Prior learning Yr7: development of specific skills; e.g. chest pass, set shot. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to apply strategies to overcome opponents.</p>	<p>Boys: Badminton and Hockey *Links: Prior learning Yr7: development of specific skills; e.g. overhead clear, slap hit. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to apply strategies to overcome opponents.</p>	<p>Boys: Football *Links: Prior learning Yr7: development of specific skills; e.g. short pass, defensive headers. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to apply strategies to overcome opponents.</p>	<p>Boys: Rugby and Handball *Links: Prior learning Yr7: development of specific skills; e.g. overarm throw, passing backwards. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to apply strategies to overcome opponents.</p>	<p>Boys: Athletics *Links: Prior learning Yr7: development of techniques: throwing, jumping, running. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best.</p>
<p>Girls: Handball and Tag Rugby *Links: Prior learning Yr7: development of specific skills; e.g. overarm throw, passing backwards. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to apply strategies to overcome opponents.</p>	<p>Girls: Dance (Lindy Hop) and Hockey *Links: Prior learning Yr7: development of specific skills; e.g. slap hit, development of advance dance techniques. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to apply strategies to overcome opponents.</p>	<p>Girls: Gymnastics and Trampolineing. *Links: Prior learning Yr7: develop specific skills and techniques and analytical skills. National Curriculum: Develop control of gymnastic techniques to improve performance. Begin to compare skills to perfect model/previous performance to achieve personal best.</p>	<p>Girls: Netball and Rounders *Links: Prior learning Yr7: development of specific skills; e.g. chest pass, bowling underarm. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to apply strategies to overcome opponents.</p>	<p>Girls: Athletics *Links: Prior learning Yr7: development of techniques: throwing, jumping, running. National Curriculum: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best.</p>

Equipment needed for sessions:

What can you do to support your child?

<p>PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket.</p>	<ul style="list-style-type: none"> • Encourage your child to take part in extension activities offered at college. • Encourage your child to join sports clubs in your community. • Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work.
<p>How will learning be assessed and progress measured?</p>	<p>Extension and enrichment activities:</p>
<ul style="list-style-type: none"> • Baseline assessment in Physical Education • Assessment based on progress in each activity • End of year summative assessment 	<ul style="list-style-type: none"> • Netball every Wednesday all year. • Football terms 1 and 4. • All other sports offered on the extension timetable may vary depending on day and time of year. • Visits to watch elite sport.